

Impact Levels Explained

Custom Mouth Guards - For Every Sport, Level & Age

Dentists have a responsibility to prescribe the correct impact level mouth guard for their patients and this guide will help you ensure your patient has full protection for the sport they play.



Protective Layers - 2mm + 3mm*

Designed with athletes under 16yrs in mind, this mouth guard is suitable for all sports except combat and stick sports.



Protective Layers - 3mm + 3mm*

The slight extra thickness provides combat and stick protection for athletes up to 16yrs, it can also be used by up to 18yrs for other lighter impact sports.



Protective Layers - 3mm + 3mm Soft Reinforcement + 3mm*

The soft reinforcement layer protects the most vulnerable area of the mouth, meaning athletes up to 18yrs can use this guard for combat and stick sports. This mouth guard is specially designed for contact sports such as rugby, boxing and judo, whilst also offering physical protection to the lower teeth.



Protective Layers – 3mm + 3mm Hard Reinforcement + 3mm*

Hard reinforcement across the most vulnerable area makes this guard suitable for all high-impact sports. This is highly recommended for all stick and combat sports over the age of 18 and also offers physical protection to the lower teeth.

Call: **01474 320076**

Contact CosTech Dental Laboratory for further information

www.saberprotect.com



Choose Your Impact Level

Type of Sport	Sport Example	Junior up to 16yrs	Senior 16-18yrs	Adult
Non-Contact	Hand Ball, Water Polo	abla		
Contact	Rugby, Boxing	\bigcirc		
Stick	Hockey, Lacrosse			
Combat	Kickboxing, MMA			



















